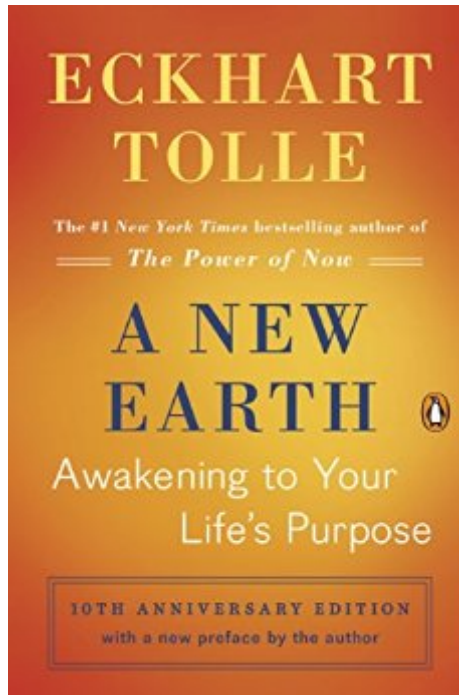


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A New Earth (Oprah #61): Awakening To Your Life's Purpose



Synopsis

The 10th anniversary edition of A New Earth with a new preface by Eckhart Tolle. With his bestselling spiritual guide The Power of Now, Eckhart Tolle inspired millions of readers to discover the freedom and joy of a life lived "in the now." In A New Earth, Tolle expands on these powerful ideas to show how transcending our ego-based state of consciousness is not only essential to personal happiness, but also the key to ending conflict and suffering throughout the world. Tolle describes how our attachment to the ego creates the dysfunction that leads to anger, jealousy, and unhappiness, and shows readers how to awaken to a new state of consciousness and follow the path to a truly fulfilling existence. Illuminating, enlightening, and uplifting, A New Earth is a profoundly spiritual manifesto for a better way of life—and for building a better world.

Book Information

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Customer Reviews

Back in 2000 I read Tolle's "The Power of Now" (TPON), and thought so highly of it that I included it in the "Must Read" list at the end of my own book. As such, I figured "A New Earth" just might be as valuable to me as TPON was at that time. I read this book over a weekend and my first impression

was that it was a solid effort, and that it was essentially a hybrid of TPON, with the primary difference being that it's written in a prose as opposed to a Q&A format. The fact that it's similar to TPON isn't necessarily a negative, for that book had some very valuable content in it that's clearly worth hearing again. Is it a life changing work? Well, the truth is it all depends on YOU. If you're considering buying it because Oprah recommends it, but you haven't read a single book in the spiritual growth/personal growth category in the past, then my sense is that you might become a bit frustrated with its esoteric nature. A better choice as a first book might be "The Four Agreements" by Don Miguel Ruiz, as he likewise addresses the power of the mind to overtake us if we don't learn to cultivate the ability to step back from its ramblings. A book I read recently that would also be a wonderful first title to read in the category is called "The Belief Formula" by Pete Koerner, as it talks in detail about thoughts and provides practical ways to get more in control of them. This book would be of particular benefit to anyone who would like a bridge from traditional religious training to the more mystical teachings of authors like Eckhart Tolle. If, on the other hand, you are a person who has read a few to several books in this category, then "A New Earth" is another quality title to read as you continue to walk your path of self-discovery.

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